



# Faculty News

July 2010

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## President's Report

It is with great pleasure that as summer finally arrives I can say the first specialty training post in Community Sexual and Reproductive Health has been advertised. There will be another five posts advertised this year and a further five in a National recruitment process in 2011.

Feedback on the new diploma has been very positive and helpful. The first trainees that have gone through the new system have now been awarded the DFSRH.

I would particularly like to thank Kate Guthrie for all her work and support as she steps down as Vice President in June. Fortunately Kate has agreed to continue her involvement in aspects of further work on the Specialty development.

I am delighted to announce that Alyson Elliman has been appointed as the new Vice President. The post of Honorary Secretary that Alyson vacates will be taken up by Amanda Britton and it is with great pleasure that we welcome Amanda to the Officer team.

Council has approved a change in the Faculty Committee Structure that will enhance their capability to support all the developments that have been achieved and those in the future yet to be completed. We will of course keep you updated when this work is completed.

## Annual General Meeting – 10 June 2010

At the Annual General Meeting held on 10 June 2010 the following business was conducted:

- the Annual Report and audited accounts for the year ended 31 December 2009 were received and accepted.
- PKF (UK) LLP were re-appointed as auditors and the directors were authorised to fix their remuneration.
- the annual subscription rates applying from 1st January 2011 were set at:  
£155 (Full rate) for Fellows and Members  
£83 (full rate) for Diplomates  
£52 for Associates

It was also agreed that there would be a reduced annual rate for Fellows, Members and Diplomates earning less than £20,000 from ALL medical activities and that, in the year of joining the Faculty, there would be two rates for

Associates, the full rate shown above and an apportioned rate for those joining after 1 July.

- Elections to Council. Members were advised that following completion of the terms of Office as a Diplomate representative of Dr J Etherton and Dr R Shah, the result of the ballot was that Dr Anne Connolly and Dr Jenny Wilson had been elected.
- Appointment of Officers. (See President's report)

Elections and Appointments to take effect from 11th June 2010.

## News from Committees

### Clinical Effectiveness Unit

### New Search Tool on Faculty Website

The Faculty website has a new facility for searching information on sexual and reproductive health. The customised tool allows quick and easy access to a wide range of information, including the CEU enquiries database, Faculty guidance, MEDLINE and TRIP database. To try it out go to the Faculty homepage and click on 'SRH Enquiries'.

### Associate Members' Working Group

The AMWG is pleased to announce that it has appointed Jenny Greenfield to the latest vacancy. Jenny is a Practice Nurse Manager in Primary Care in East Sussex, the nurse consultant for cervical screening improvement and a visiting lecturer at the University of Brighton

### General Training Committee (GTC)

The DFSRH has been awarded to the first few candidates who have followed the new training programme! It is exciting to see all the hard work by so many coming to fruition. A number of areas have hosted a "Course of 5", and most of the feedback has been extremely positive, with trainees who have been well prepared for the assessments by completing the pre entry requirements, and the e-SRH.

Progress is being made on the LoC IUT and SDI development to make the most of the learning opportunities offered by the e-SRH. The new implant insertion technique will be incorporated into the diploma training to prepare for the change over in the autumn.

Please have a look at the e-SRH if you haven't done

so – it is an enjoyable and rewarding way of updating, and you can claim CPD points! We are working on refining the exit MCQ, and would welcome contributions. Guidelines on how to write questions based on the content of the e-SRH sessions will be available on the Faculty website.

If you have any queries on any of the components of the DFSRH programme, please have a look at the FAQ section on the website, which is constantly being updated. There are also suggestions for those considering organising a Course of 5, and a run through of the use of the e-portfolio in a training session.

Further work is being done to prepare for the introduction of revalidation for all doctors, and what this will mean for those who wish to revalidate in the specialty of Community Sexual and Reproductive Health. Members of GTC have been meeting with the GMC and others to look at the implications for the Faculty.

### **Clinical Effectiveness Committee**

The Clinical Effectiveness Committee is delighted to announce that Dr Sam Rowlands has agreed to chair the committee, and will take over from Dr Audrey Brown in August 2010. Dr Rowlands will be well known to many faculty members, and will bring his wide ranging experience and knowledge of SRH matters to this post.

In addition, the committee has a vacancy for a general member and would like to invite applications from faculty members. The committee oversees the work of the Clinical Effectiveness Unit, and gives members a unique opportunity to become involved in the production of CEU guidance, new product reviews, and future research projects. The committee would particularly welcome applications from members with a general practice background. Interested parties should contact Jacquie Silcott, CEC secretary, at FSRH (jsilcott@fsrh.org )

### **Other News**

#### **“Over to you”**

In the January newsletter we asked if there were changes you had made in your service or examples of good practice which could be shared with others. Below is a response we have received from Dr Sandra Treleven of Penzance.

“I read with interest the 'Over to you' article in the January 2010 edition of Faculty news. In particular it mentions changes you have made in 'service' and 'local audits . . . can be a starting point that others may not. have considered'.

I currently work as a GP in Cornwall. I have now carried out 3 separate audits in the area of combined hormonal contraceptive (CHC) prescribing & I believe that the results of these would prove useful

in challenging practice. I previously conducted 2 audits in my previous practice in Basingstoke. I have also now just completed (together with our 5th year medical student) a similar audit at my current practice in Penzance.

In these audits we looked at whether important factors in a patient's history were recorded. These included blood pressure (BP), smoking status and body mass index (BMI). In the last 2 audits we also looked at whether any family history (FHx) of venous thromboembolism (VTE) was recorded & also whether a past history (PHx) of migraine was recorded. These standards were drawn from the FSRH publication 'UKMEC criteria for Contraceptive Use' (November 2009).

Whilst history taking with respect to smoking status, BP & BMI was generally good, there was certainly room for improvement with respect to recording FHx of VTE & PHx of focal migraine. In our most recent audit only 36% of patients had been asked about a history of migraine and only 32% had been asked about a FHx of VTE. Given that in some circumstances a FHx of VTE and/or a PHx of migraine may be UKMEC Grade 3 or 4 I believe that it is important that these should be enquired about at every routine CHC check/initiation.

I have already seen the positive impact of this audit in our own practice. Shortly after presenting the result of the audit, a patient attended for a routine COCP check. It then came to light she had a personal history of focal migraine & a strong FHx of stroke. She is now on Cerazette whilst contemplating an IUS.

Having gained similar results from conducting this audit in 2 different practices, we suspect that FHx of VTE & PHx migraine are not routinely enquired about during a routine pill check or indeed when the CHC is initiated. For this reason, I am keen to highlight the issue, hoping that this will prompt others to both look at & improve their own practice in his area.

### **Forthcoming Faculty Conferences**

#### **Current Choices,**

Royal College of Physicians, London  
18-19 November 2010

#### **Joint FSRH/BASHH**

Royal Society of Medicine, London  
21 January 2011

#### **Annual Scientific Meeting**

12-13 May 2011

#### **Annual Deanery Advisors & AGM**

RIBA, London  
9 June 2011

#### **Current Choices**

Royal College of Physicians, London  
17-18 November 2011